

# Grief Support for Young Hearts

WINGS Support Group allows children & teens to:

- Tell their story of loss in a safe environment.
- Process grief in healthy ways.
- Meet friends facing similar circumstances.
- Learn they are not alone.
- Build a toolbox of coping skills and resources.
- Remember, honor and memorialize loved ones who have died.
- Have fun!



## WINGS BY HOSPICE OF EAST TEXAS

Offering a monthly support group for grieving children & teens, ages 5-16.

Please register in advance by calling The Hospice of East Texas Bereavement Department at (903)266-3400, extension 177 or by emailing [sditter@hospiceofeasttexas.org](mailto:sditter@hospiceofeasttexas.org).

Dates:

April 23, 2026  
May 28, 2026

Time:

5:30 - 6:30p

Facilitated by:

Certified professionals  
and volunteers who  
care deeply

Where:

4111 University Blvd  
Tyler Texas 75701  
Main Building

One on one support/education is also available throughout the year.