grieve, grow & go forward

WINGS allows children & teens to:

Tell their story of loss in a safe environment. Process grief in healthy ways. Meet friends facing similar circumstances Learn they are not alone. Build a toolbox of coping skills/resources. Remember, honor and memorialize those who have died. Have fun!





## WINGS BY HOSPICE OF EAST TEXAS

## Offering a monthly support group for grieving children & teens, ages 5-16.

Please register in advance by calling Hospice of East Texas Bereavement Department @ 903.266.3400, X177 or by email sditter@hospiceofeasttexas.org

- Dates: August 28 September 25 October 23 ~ 5:30-6:30p ~
- Offered by: Certified professionals and volunteers who care deeply
- <u>Where:</u> 4111 University Blvd Tyler Texas 75701 Main Building

One on one support/education is also available throughout the year.