



## 2019 Grief Support

(903) 266-3400 x 127 or (800) 777-9860

<https://www.hospiceofeasttexas.org/the-nonprofit-difference/bereavement/>

**Grief Support Groups** are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

**Pre-Registration is not required for Support Groups.**

Monthly Support Groups			
<b>Jacksonville:</b>	217 E Commerce, Suite E	4 <sup>th</sup> Tuesday <b>General Loss</b>	5:30-6:30 p.m.
<b>Tyler:</b>	The Hospice of East Texas, Pat Oge Center For Living 4111 University Blvd	1 <sup>st</sup> Tuesday <b>General Loss</b>	4:00-5:00 p.m.
<b>Tyler:</b>	The Hospice of East Texas, Meadows Conference Room 4111 University Blvd	3 <sup>rd</sup> Thursday <b>Loss of Spouse</b>	2:00-3:30 p.m.
<p><b>WINGS Support Group for Children (ages 6-12) and their parents/caregivers</b> Last Tuesday of every month, January – June 6:00-7:00 pm</p> <p><b>WINGS Support Group for Teens (ages 13-18) and their parents/caregivers</b> Last Monday of every month, January – April 6:00-7:30 pm *pizza dinner included*</p> <p>Both groups meet at The Hospice of East Texas (4111 University Blvd. Tyler, TX). <b>Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</b></p>			

**Grief Seminars/Workshops** are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

**Pre-Registration is required for seminars and workshops, 903-266-3400 - ask for ext. 127.**

Seminars/Workshops			
<b>Tyler Grief Workshop:</b>	The Hospice of East Texas, Pat Oge Center For Living, 4111 University Blvd.	Every Monday For 4 weeks April 8th – 29th	5:30 – 7:00 p.m.

*In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change.*

*Please contact the Bereavement Department for verification.*

*Please note that one-on-one consultation is an option for families of patients who were on our service.*

*The Hospice of East Texas Bereavement Program is offered as a community service to the people of East Texas and is supported, in part, by gifts from The Robert M. Rogers Foundation and The A.W. Riter, Jr. Family Foundation.*