

Young Ambassadors

H O S P I C E O F E A S T T E X A S

Did you know? Forty-eight percent of the caregivers in this country range from 18-49 years old.

Many young adults today are raising children and caring for aging parents and grandparents, though conversations about death and dying are not common. Although death is one of the most common of human experiences, it remains a subject that is fearful to many; full of misconceptions and very often difficult to discuss. As a result, when the time comes to face this inevitable part of life, many families find themselves ill prepared.

For 40 years, it has been the mission of Hospice of East Texas to care for patients at the end of their lives, and to support the families who love them. In an effort to educate young community leaders about the realities, the joys and values, of end-of-life care, Hospice of East Texas has created the *Young Ambassadors Program*.

The goal of the program is to give participants new insights and ideas, dispel the myths about death and dying, and create a group of young ambassadors for the extraordinary work being done by Hospice of East Texas. By joining this select cohort, you will have the opportunity to interact with other emerging influential community leaders, to learn about end-of-life care, and to discover a valuable resource for families facing this time of life.

Chaired by Rabbi Neal Katz, the Young Ambassador program consists of six educational meetings and discussions, once a month, each generally 1½ hours in length. At the conclusion of the program, you will be recognized as a graduate of the 2022 Class of the Hospice of East Texas' Young Ambassador's Program. Here's what participants in other classes said about their experience:

"I was aware that Hospice of East Texas did good and important work, but hearing the details of what happens daily, the impact on patients and their families is truly amazing... What a valuable way for me to spend my time!"

"Through my participation in the Young Ambassador Program, I learned about opportunities for patients and families in a loving and supporting manner during end of life journeys... medical, legal, spiritual and emotional aspects. The knowledge and friendships I developed are life-changing."

The next class of Young Ambassador meetings will begin in September 2022. For more information, and to participate in this year's cohort, please contact Denise Graber at 903-266-3400 ext. 140, or by email to dgraber@hospiceofeasttexas.org.