



2019 Grief Support

(903) 266-3400, ext. 127 or (800) 777-9860

cwaggener@hospiceofeasttexas.org

<https://www.hospiceofeasttexas.org/the-nonprofit-difference/bereavement/>

Grief Support Groups are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

Pre-Registration is not required adult support groups.

| Monthly Support Groups | | | |
|---|--|-------------------------|----------------|
| Palestine: | Court Drive Church of Christ, 1434 Court Drive Palestine, TX | 1 st Monday | 5:30–6:30 p.m. |
| Tyler: | The Hospice of East Texas, Pat Oge Center For Living 4111 University Blvd | 1 st Tuesday | 4:00–5:00 p.m. |
| <p>WINGS Support Group for Children (ages 6-12) and their parents/caregivers Last Tuesday of every month, January – June 6:00 – 7:00 pm</p> <p>Both groups meet at The Hospice of East Texas (4111 University Blvd. Tyler, TX). Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</p> | | | |

Grief Seminars/Workshops are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

Pre-Registration is required for seminars and workshops, 903-266-3400 - ask for ext. 127.

| Seminars/Workshops | | | |
|------------------------------|--|---|------------------|
| Tyler Grief Workshop: | The Hospice of East Texas Pat Oge Center for Living, 4111 University Blvd | Every Monday for 4 weeks July 8 th – July 29 th | 5:30 – 7:00 p.m. |

In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change.

Please contact the Bereavement Department for verification.

Please note that one-on-one consultation is an option for families of patients who were on our service.

The Hospice of East Texas Bereavement Program is offered as a community service to the people of East Texas and is supported, in part, by gifts from The Robert M. Rogers Foundation and The A.W. Riter, Jr. Family Foundation.