



2018/2019 Grief Support

(903) 266-3400 x 127 or (800) 777-9860

<https://www.hospiceofeasttexas.org/the-nonprofit-difference/bereavement/>

Grief Support Groups are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

Pre-Registration is not required for Support Groups.

Monthly Support Groups		
Jacksonville: 217 E Commerce, Suite E	4 th Tuesday	5:30-6:30 p.m.
Tyler: The Hospice of East Texas, Meadows Conference Room 4111 University Blvd.	February 21, 2019 Loss of Spouse	2:00-3:30 p.m.
<p>WINGS Support Group for Children & Teens</p> <p>Missing You at the Holidays event Saturday December 15th, 10:00am-12:00pm Sessions for children (6-12), teens (13-18), and their parents/caregivers</p> <p><u>Support groups start back in January 2019</u> Ages 6-12, the last Tuesday of every month, 6:00 – 7:00 p.m. Ages 13-18, the last Monday of every month, 6:00 – 7:30 p.m. At the Hospice of East Texas – Meadows Conference Room, 4111 University Blvd. Tyler, TX. Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</p>		

Grief Seminars/Workshops are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

Pre-Registration is required for seminars and workshops, 903-266-3400 - ask for ext. 127.

Seminars/Workshops		
Tyler Grief Seminar: The Hospice of East Texas 4111 University Blvd.	Saturday January 19, 2019	9:00 a.m. – 1:00 p.m.

In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change.

Please contact the Bereavement Department for verification.

Please note that one-on-one consultation is an option for families of patients who were on our service.

The Hospice of East Texas Bereavement Program is offered as a community service to the people of East Texas and is supported, in part, by gifts from The Robert M. Rogers Foundation and The A.W. Riter, Jr. Family Foundation.