



## **2018 Grief Support**

(903) 266-3400 x 127 or (800) 777-9860

<https://www.hospiceofeasttexas.org/the-nonprofit-difference/bereavement/>

**Grief Support Groups** are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

**Pre-Registration is not required for Support Groups.**

<b>Monthly Support Groups</b>		
<b>Jacksonville:</b> 217 E Commerce, Suite E	4 <sup>th</sup> Tuesday	5:30-6:30 p.m.
<b>Longview:</b> 101 West Hawkins Parkway, Suite 7	3 <sup>rd</sup> Tuesday	6:00 - 7:00 p.m.
<b>Tyler:</b> The Hospice of East Texas, Pat Oge' Center for Living 4111 University Blvd.	3 <sup>rd</sup> Thursday <b>Loss of Spouse</b>	2:00-3:30 p.m.
<b>WINGS Support Group for Children &amp; Teens</b> Ages 6-12, the last Tuesday of every month, 6:00 – 7:00 p.m. Ages 13-18, the last Monday of every month, 6:00 – 7:30 p.m. At the Hospice of East Texas – Meadows Conference Room, 4111 University Blvd. Tyler, TX. <b>Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</b>		

**Grief Seminars/Workshops** are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

**Pre-Registration is required for seminars and workshops, 903-266-3400 - ask for ext. 127.**

<b>Seminars/Workshops</b>		
<b>Tyler Grief Seminar:</b> The Hospice of East Texas Meadows Conference Room – 4111 University Blvd	Saturday August 11, 2018	9:00 a.m. – 1:00 p.m.

*In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change.*

*Please contact the Bereavement Department for verification.*

*Please note that one-on-one consultation is an option for families of patients who were on our service.*

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