



## 2018 Grief Support

(903) 266-3400 x 127 or (800) 777-9860

<https://www.hospiceofeasttexas.org/the-nonprofit-difference/bereavement/>

**Grief Support Groups** are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

**Pre-Registration is not required for Support Groups.**

Monthly Support Groups		
<b>Jacksonville:</b> 217 E Commerce, Suite E	4 <sup>th</sup> Tuesday	5:30-6:30 p.m.
<b>Longview:</b> 101 West Hawkins Parkway, Suite 7	3 <sup>rd</sup> Tuesday (beginning May 15, 2018)	6:00 - 7:00 p.m.
<b>Tyler:</b> The Hospice of East Texas, Pat Oge' Center for Living 4111 University Blvd.	3 <sup>rd</sup> Thursday <b>Loss of Spouse</b>	2:00-3:30 p.m.
<p><b>WINGS Support Group for Children &amp; Teens</b>  Ages 6-12, the last Tuesday of every month, 6:00 – 7:00 p.m.  Ages 13-18, the last Monday of every month, 6:00 – 7:30 p.m.  At the Hospice of East Texas – Meadows Conference Room, 4111 University Blvd. Tyler, TX.  <b>Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</b></p>		

Weekly Support Groups		
<b>Tyler:</b> The Hospice of East Texas - Pat Oge Center for Living 4111 University Blvd	Every Thursday in the month of May	12:00 – 1:00 p.m.

**Grief Seminars/Workshops** are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

**Pre-Registration is required for seminars and workshops, 903-266-3400 - ask for ext. 127.**

Seminars/Workshops		
<b>Longview Grief Seminar:</b> 101 West Hawkins Parkway, Suite 7	Tuesday May 8, 2018	6:00 p.m. – 8:00 p.m.
<b>Tyler Grief Seminar:</b> The Hospice of East Texas Meadows Conference Room - 4111 University Blvd	Saturday June 16, 2018	9:00 a.m. – 1:00 p.m.

*In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change.*

*Please contact the Bereavement Department for verification.*

*Please note that one-on-one consultation is an option for families of patients who were on our service.*

*The Hospice of East Texas Bereavement Program is offered as a community service to the people of East Texas and is supported, in part, by gifts from The Robert M. Rogers Foundation and The A.W. Riter, Jr. Family Foundation.*