



## 2017 Grief Support

(903) 266-3400 x 127 or (800) 777-9860  
<http://www.hospiceofeasttexas.org/services/bereavement/>

**Grief Seminar/Workshops** are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

<b>Grief Seminar/Workshops</b>		
<b>Tyler Grief Workshop:</b> The Hospice of East Texas Meadows Conference Room – 4111 University Blvd. (Please pre-register, 903-266-3400, ask for ext 127)	Every Monday for 4 weeks Jan. 8 – Jan. 29 <sup>th</sup>	2:00 – 3:30 p.m.

**Monthly Support Groups** are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

**Pre-Registration is not required for Support Groups.**

<b>Monthly Support Groups</b>		
<b>Jacksonville:</b> 217 E Commerce, Suite E	4 <sup>th</sup> Tuesday	5:30-6:30 p.m.
<b>Longview:</b> <b>Grief &amp; the Holidays</b> 101 West Hawkins Parkway, Suite 7	Thursday December 7, 2017	6:00 p.m.
<b>Tyler:</b> The Hospice of East Texas, Pat Oge' Center for Living 4111 University Blvd.	3 <sup>rd</sup> Thursday <b>Loss of Spouse</b>	2:00-3:30 p.m.
<p><b>WINGS Support Group for Children</b> Ages 6-12 Last Tuesday of every month, 6:00 – 7:00 p.m. At the Hospice of East Texas – Meadows Conference Room, 4111 University Blvd. Tyler, TX. <b>Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</b></p>		

***In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change. Please contact the Bereavement Department for verification.  
Please note that one-on-one consultation is an option for families of patients who were on our service.***

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