



## **2017 Grief Support**

(903) 266-3400 x 127 or (800) 777-9860  
<http://www.hospiceofeasttexas.org/services/bereavement/>

**Grief Seminar/Workshops** are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

**Please register in advance for Grief Workshops & Grief Seminars.**

**\*Grief Workshop registration is closed after the 2<sup>nd</sup> session.**

<b>Grief Seminar/Workshops</b>		
<b>Tyler Grief Seminar:</b> The Hospice of East Texas Meadows Conference Room – 4111 University Blvd.	Saturday November 18	9:00 a.m. – 2:00 p.m.

**Monthly Support Groups** are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

**Pre-Registration is not required for Support Groups.**

<b>Monthly Support Groups</b>		
<b>Jacksonville:</b> 217 E Commerce, Suite E	4 <sup>th</sup> Tuesday	5:30-6:30 p.m.
<b>Longview:</b> 101 West Hawkins Parkway, Suite 7	4 <sup>th</sup> Thursday	6:00-7:00 p.m.
<b>Tyler:</b> The Hospice of East Texas, Pat Oge' Center for Living 4111 University Blvd.	3 <sup>rd</sup> Thursday <b>Loss of Spouse</b>	2:00-3:30 p.m.
<p><b>WINGS:</b> A support group for children, ages 5-12.            TBA            At the Hospice of East Texas – Meadows Conference Room, 4111 University Blvd. Tyler, TX.            Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</p>		

***In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change. Please contact the Bereavement Department for verification.***

***Please note that one-on-one consultation is an option for families of patients who were on our service.***

*The Hospice of East Texas Bereavement Program is offered as a community service to the people of East Texas and is supported, in part, by gifts from The Robert M. Rogers Foundation and The A.W. Riter, Jr. Family Foundation.*