



2017 Grief Support

(903) 266-3400 x 127 or (800) 777-9860

www.hospiceofeasttexas.org/pages/resources/family-and-caregivers/bereavement

Grief Seminar/Workshops are small, confidential groups, led by trained facilitators, with focus on education about the normal grief process and opportunities to share coping strategies. It is recommended that you attend a Grief Workshop prior to the monthly support group, if possible, for the educational benefits.

Please register in advance for Grief Workshops & Grief Seminars.

***Grief Workshop registration is closed after the 2nd session.**

| Grief Seminar/Workshops | | |
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| *Tyler Grief Workshop: The Hospice of East Texas Oge Center For Living – 4111 University Blvd. | Every Monday 05/01/17 – 05/22/17 | 5:30 – 7:00 p.m. |
| Tyler Grief Seminar: The Hospice of East Texas Meadows Conference Room – 4111 University Blvd. | Saturday June 24 | 9:00 a.m. – 1:00 p.m. |

Monthly Support Groups are ongoing support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief.

Pre-Registration is not required for Support Groups.

| Monthly Support Groups | | |
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| Jacksonville: 217 E Commerce, Suite E | 4 th Tuesday | 5:30-6:30 p.m. |
| Tyler: The Hospice of East Texas, Pat Oge' Center for Living 4111 University Blvd. | 3 rd Thursday Loss of Spouse | 2:00-3:30 p.m. |
| <p>WINGS: A support group for children, ages 5-12. <u>Meets on the 2nd Tuesday of each month, 6:00 – 7:00 p.m.</u> At the Hospice of East Texas – Meadows Conference Room, 4111 University Blvd. Tyler, TX. Please call to register in advance, 903-266-3400 or 1-800-777-9860, ext. 126.</p> | | |

In the event of a holiday, an insufficient number of registrants, or inclement weather, groups are subject to cancellation or change. Please contact the Bereavement Department for verification.

Please note that one-on-one consultation is an option for families of patients who were on our service.

The Hospice of East Texas Bereavement Program is offered as a community service to the people of East Texas and is supported, in part, by gifts from The Robert M. Rogers Foundation and The A.W. Riter, Jr. Family Foundation.